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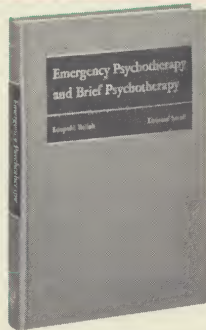
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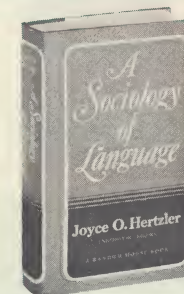
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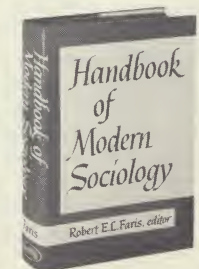
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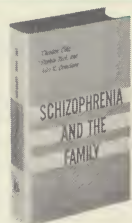
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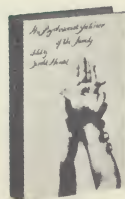
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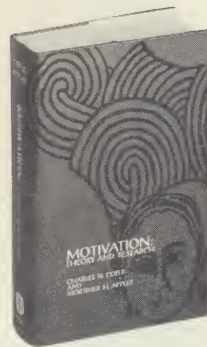
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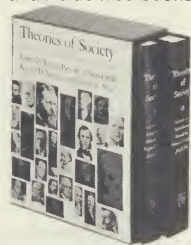
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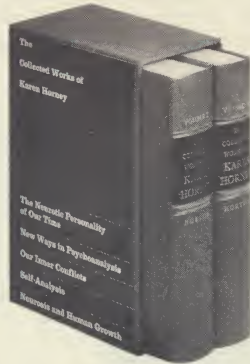
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The Origins of Man



The Origins of Man

The origins of man are sought in many places and with many tools. Geologists and archaeologists use picks, shovels and bulldozers. Geneticists and other biologists use test tubes, centrifuges, and calculating machines. Chemists and biochemists also use test tubes and centrifuges along with colorimeters and electronic equipment. Many of the tools used, however, are abstract — the theories and methodologies of science which are themselves products of man's long evolutionary history.

Physical anthropologists use all of these tools, and physical anthropology has a theme — the evolution of man and his relatives — the evolution of the order *Primates*. Physical anthropology is the study of this evolution and the relation between man and the living forms closest to him.

It might be said that physical anthropologists — being as egocentric as other scientists — are continually asking an egocentric and anthropocentric question: What is man?

This question has long engaged the attention of philosophers, poets, and theologians, as well as scientists. Aristotle, as might be expected, had something to say, although his contribution was not particularly significant. Nevertheless, his definition of man as "an erect featherless biped" has amused scholars and students for generations.

Man's mental abilities, his capacity for symboling, and his so-called "power to reason," have elicited mystical, theological, and supernatural answers to such anthropocentric questions. Other animals cannot reason, cannot remember complex systems of symbols, nor can they write or produce bodies of knowledge. Man is the only animal that passes along knowledge from generation to generation.

The fact that man builds roads, constructs skyscrapers, composes string quartets, writes poetry, plays games, invents kinship terminologies, lives by codes remembered and handed down from generation to generation, and organizes compassionate systems to aid weak and sick members of his own species does not exclude him from the category "animal." Nor does the fact that that man commits matricide, patricide, genocide, and suicide exclude him.

Man is an animal. He is an interesting, variable, complex animal with a number of unique characteristics. It has been said that to speak so of man is to imply that he is nothing but an animal. Of course he is nothing but an animal. One of this month's Alternate Selections, ORIGINS OF MAN, is all about what it means to be "nothing but an animal," that is, just what kind of animal man is.

Alexander Pope has said, "The proper study of mankind is man." **ORIGINS OF MAN** is about physical anthropology — the science of man's origins and evolution. Physical anthropology is one of the established subdivisions of anthropology — the study of man.

The theme of this newly published book is the evolution of man as a sequence of events in the evolution of the order *Primates*. The author, Dr. John Buettner-Janusch, examines man as a member of this order, as a zoological object. His unusual approach is multidisciplinary, for he shows how the evolution of man can be studied in the light of our knowledge of anatomy, paleontology, genetics, cytogenetics, ethology, archaeology, and biochemistry. In the author's view, man is a natural object and physical anthropology offers reasonable, testable, even provocative explanations for man's relationship to and differentiation from his primate relatives.

ORIGINS OF MAN is divided into two major parts. The first contains a detailed discussion of evolutionary theory and systematics, and comprehensive descriptions of man's fossil and living relatives. The author describes important and interesting features of each of the seven major taxa of the living primates (except the Hominidae) in an attempt to reconstruct for the reader what the progenitors of man may have been.

The second part is devoted principally to the eighth major taxon, the Hominidae, and to its single species, contemporary *Homo sapiens* — his culture, population and biochemical genetics — and to the effect of evolutionary processes on human populations.

One of the most important evidences of the transition from an anthropoid to a human life described in **ORIGINS OF MAN** lies in the development and differentiation of culture. Man is unique in the possession of culture, yet culture is a biological event, albeit independent of biology to a large extent. It is based upon an ability, a trait, which appeared sometime during the course of primate evolution — the ability to symbol.

Of course, man's capacity for culture depended upon the evolutionary development of a brain of sufficient size and complexity to enable him to symbol. The interpretation of fossil and archaeological records suggests that the brain and manipulative tools developed together, although there is no clear evidence that the increase in diversity and complexity of tools was a function of a brain of certain critical size. The availability of raw materials for the hands to use and for the brain to imagine them using was also a critical factor.

Five chapters of **ORIGINS OF MAN** are devoted to the favorite tissue of anthropologists: blood. (Blood is easy to obtain from most indi-

viduals, and it is convenient to handle in the laboratory.) Human blood group systems are extensively described, especially for their use in defining the origins of certain critical populations, as for example the Asiatic Indian origin of Gypsies, the European origin of both the Basques and the Lapps (even though the latter were once believed to have had their origins in Asia). An obvious non-anthropological application of blood group systems described by the author is a medicolegal one — their use in cases of disputed parentage.

One important aspect of the evolution of primate societies is the nature of sexual behavior among the various primates, particularly the apes and man. In many species of mammals, sexual behavior is closely tied to cyclical changes in the physiology and anatomy of the female and male. Among the higher primates there is no estrous cycle (the period of sexual receptivity, or "heat," in the female). However, a menstrual cycle does occur, which can be considered to be a modified estrous cycle, although it does not coincide with the breeding season.

One of the questions which **ORIGINS OF MAN** explores and answers in highly ingenious fashion is how the cyclical difference in external genitalia and the periodic sexual receptiveness of the female came to be de-emphasized. Professor Buettner-Janusch sees the answer in increased cortical control over sexual behavior and other activities.

The family unit in nonhuman primates is, functionally, concerned with sex and reproduction. By contrast, the dominant function of the human family was and is subsistence, and the change in control of sexual behavior may have made this possible. As the sexual physiology and receptiveness of females changed, a new level of social integration developed among primates.

The advent of cooperative groups (composed of males who hunted and females who carried and cared for the infants) very likely provided the selective pressure, the selective advantage, which favored erect bipedalism, skillful use of the hands, symboling and humanoid social structure. After that human condition was achieved, man was on his way. Nothing could stop the evolutionary success and progress of this fortunate primate except himself.

This big, profusely illustrated, 674-page book, **ORIGINS OF MAN**, is a fascinating account of the long and painful upward struggle that began when the order *Primates* became a distinguishable group of animals, in the Paleocene epoch about 75 million years ago. No one interested in any aspect of the human experience can afford to miss this thoughtful and provocative book. The proper study of mankind is indeed man.

Alternate Selection:

Origins of Man

by John Buettner-Janusch

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"Comprehensively clears up a great deal of confusion about the classification of man's ancestors."

— MORTON KLOSS

*Chairman, Dept. of Anthropology
Barnard College, Columbia University*

ORIGINS OF MAN, *Alternate Selection*, may be ordered in addition to or instead of the *Main Selection*.

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If the suspicion has grown upon the reader that this reviewer is enthusiastic about Cofer and Appley's **MOTIVATION: THEORY AND RESEARCH**, he is entirely correct. I am!

excerpted from *Contemporary Psychology*

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"this work by Cofer and Appley will be a major contributor to the further development of the science of motivation."

— PAUL McREYNOLDS in *The Psychological Record*

Alternate Selection:

Motivation: Theory and Research

by Charles N. Cofer and
Mortimer H. Appley

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MOTIVATION: THEORY AND RESEARCH, *Alternate Selection*, may be ordered in addition to or instead of the Main Selection.

MOTIVATION

MOTIVATION

MOTIVATION

MOTIVATION

MOTIVATION

a review by PAUL S. SIEGEL
Professor of Psychology
University of Alabama

MOTIVATION: THEORY AND RESEARCH costs \$12.50 (Note: \$8.95 to members). It weighs 3 pounds, 2 ounces. That puts it at 25 cents an ounce and it's worth every penny. *Cofer and Appley have turned out a first-class book on motivation — one without equal in the thinking of this reviewer.*

Motivation is psychology's stickiest wicket; largely because of the variety and diversity of opinion as to what fits the adjective. Then, too, when confronted with behavioral variability that fails to yield to simple account, psychologists have exhibited an unbecoming enthusiasm for leaping into the conceptual void. Where angels fear to tread, psychologists step nimbly, if erringly. In this area, ours has become an embarrassment of theoretical riches. In his contribution to the 1963 *Nebraska Symposium on Motivation*, Robert Sears said it attractively when he observed that, of late, a number of camels had crept under the tent.

In MOTIVATION: THEORY AND RESEARCH, Cofer and Appley lift the tent and inspect the camels, all of them: hide, hair, heart, hoof, and hock. Their chapters range a broad spectrum: from the relatively secure area of bodily needs and homeostasis to the somewhat hazardous contemplation of self-actualization and the reasons for the movements of men in groups. The in-betweens are not neglected. Ethology, externally-instigated drives, hedonism, activation, frustration and conflict, incentive motivation, acquired drives, and psychoanalysis all come under scrutiny.

The authors extend themselves well beyond the safe compass of straight exposition. Theirs is a critical assessment of positions, issues, and methodologies. Here and there one can sense the conflict of the honest psychological reporter torn between a desire to accentuate the positive and the stiff recognition that motivational theory offers little in the way of final accomplishment to brag about. In all this, their values, biases, and philosophical commitments are clearly exhibited.

The authors claim in the Preface that coverage of the literature is "good" through 1961, "less adequate" for 1962, and "spotty" beyond. This constitutes an almost vulgar show of modesty. There must be 2400 titles in the bibliography! Those of us who experienced the impact (by early standards) of bibliographic scope on first opening Hilgard and Marquis' *Conditioning and Learning* many years ago, will suffer a kind of *déjà vu* when first turning to the back of this book.

MOTIVATION: THEORY AND RESEARCH is liberally laced with history. Topics and positions are given historic perspective and one full chapter is devoted to developing the early antecedents of the motivational problem. Some will take a dim view of this use of space. I vote loudly for it. Perhaps it will serve to cut down slightly on the currently high rate of rediscovery of psychological issues.

P. T. Young, the Dean of American Motivation, wrote in the Preface of his 1961 book, *Motivation and Emotion*: "The unity of psychology will be found, I believe, not in the data, for they are diverse and observed from various points of view, but in the inferences and interpretations based upon the data." In their final chapter, C and A attempt this. Surveying the plethora of facts and theories, they offer "a set of integrating concepts upon which we feel a sound psychology of motivation can be developed." Within the framework of an equilibration model, they propose two specific motivational mechanisms: AIM and SIM.

AIM, the anticipatory-invigoration mechanism, is represented as a state of augmented vigor arising out of an expectancy established through experience and triggered by associated cues. Explicitly recognized by the authors, AIM bears a strong logical resemblance to certain conceptual devices developed by earlier motivational theorists, notably those of neo-Hullian persuasion. Kinship with Spence's incentive-motivation construct is particularly close.

SIM, the sensitization-invigoration mechanism, like AIM, serves to invigorate (to Cofer and Appley, motivation *is* invigoration), but is held to function in the absence of experience or the opportunity to learn. It is essentially a state of physiological "readiness" set into action by a stimulus band to which the organism is selectively sensitized. Beach's analysis of sex is the acknowledged model.

Both AIM and SIM are strictly arousal mechanisms and do not serve, in any direct sense, to steer the organism. Behavioral direction is lent by interaction with, or activation of, prevailing S-R associations. Analogy with the familiar Hullian formula, $S^E R = S^H R \times D$, is not a strained one. It is entirely clear that Cofer and Appley wish to preserve the distinction between cognition and motivation, between learning and performance.

C and A state in their Preface: "Our chapters should, we believe, make the writing of their sequels considerably easier than they themselves were to produce." *More likely their chapters will make the writing of sequels less easy. The clarity of presentation, the scholarliness, and the scope of this book are going to discourage further production of this sort for many years.*

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Dr. Zeligs has, however, convincingly demonstrated the way a psycho-biographical approach can illuminate an illegible page of history as nothing else can. And in so doing he has perhaps brought us closer to the truth of the Hiss-Chambers relationship and to an understanding of their tragic lives.

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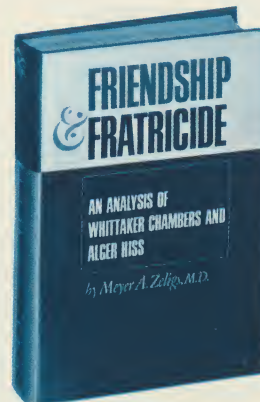
Friendship and Fratricide

by Meyer A. Zeligs, M.D.

Publisher's Price \$8.95

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FRIENDSHIP AND FRATRICIDE, Alternate Selection, may be ordered in addition to or instead of the Main Selection.

Friendship & Fratricide



a review by
ARTHUR ZITRIN, M.D.
Director of Psychiatry
Bellevue Hospital Center

History, to paraphrase Rousseau, is that lie which is closest to the truth. At once cynical and naive, the epigram nevertheless reminds us that the best we can achieve in attempting a reconstruction of the past is an approximation of what actually took place. In addition, many events of history remain stubbornly inexplicable, defying understanding sought solely through efforts, however painstaking, to articulate the bare bones of facts. One may assemble a skeleton of the truth, but the flesh and blood which render it alive and convincing are missing. For these one must search beneath appearances to uncover those hidden factors without which it is not possible to understand fully the complexities of human behavior and relationships.

In **FRIENDSHIP AND FRATRICIDE**, subtitled *An Analysis of Whittaker Chambers and Alger Hiss*, Dr. Meyer Zeligs presents a psychobiographical investigation of the lives and personalities of the protagonists in the most famous and puzzling political-legal case in recent American history. The result is a penetrating and continuously fascinating application of psycho-analytic insights to events which have perplexed historians since the sensational accusation and confrontation of 1948 and the Hiss trials of 1949 and 1950.

Dr. Zeligs, a practicing San Francisco psychoanalyst, has turned an experienced analytic eye and an incisive mind on a mass of material accumulated in six years of intensive research and study. He has reviewed everything written about the case (no fewer than eight books on Hiss-Chambers have preceded his own), interviewed and corresponded with dozens of people who knew his subjects, and pursued every possible clue in a persistent and methodical fashion.

A major part of his material derived from many hours of interviews with Hiss and a correspondence with him extending over several years. Chambers, who died in 1961, refused to see Zeligs, but left extensive writings—particularly his autobiographical *Witness*—in which he revealed himself and the motive forces of his strange life to the discerning psychobiographer.

FRIENDSHIP AND FRATRICIDE opens with the dramatic accusation of 1948. Zeligs then deals with the life of Chambers, depicted as a character out of the pages of Dostoevski. Next, the author reconstructs the life and personality roots of Hiss, goes on to their fateful meeting and his theory

of their relationship, and finally re-evaluates the oft-told story of the accusation and confrontation, the famous trials, and their aftermath. In the final chapter, Dr. Zeligs suggests a new mystery about the death of Chambers, and a theory about it, which is an intriguing climax to this absorbing book.

Even if read only as a murder mystery (which it may be, since the author finds that psychological murder has been committed) the book is engrossing. But it is more than this. *It is a thoughtful interpretive study of how the inexorable power of the unconscious in action may have decided the fate of two gifted men.*

Chambers emerges as a man driven by a need to expiate the guilt for his fantasied injury to his depriving mother, and to his loved-hated younger brother who committed suicide. Scarred also by the contemptuous rejection of an unstable father, Chambers' life became an acting out of successive death-rebirth fantasies—a series of impostures and recapitulations of earlier relationships—as he vainly sought to undo the past. The analysis of Chambers is a brilliantly realized example of psychobiography. The picture, meticulously built up from the material, is the most successful part of the book.

The relationship to Hiss becomes—in the author's theory—a partial repetition of Chambers' ambivalent relationship to his brother. Hiss, in turn, is drawn to the man who later destroys him because of his own unconscious attraction to a figure who resembles *his* admired older sibling.

Hiss, highly cerebral, emotionally controlled, obsessively conscientious, determinedly compassionate, psychologically obtuse, is not as successfully realized as Chambers, perhaps because the "devil" is always more interesting.

F**RRIENDSHIP AND FRATRICIDE** is not without weaknesses. One of these is a by-product of the wealth of detail which the author presents in developing his thesis. Not all the items, or the author's interpretations, carry equal weight. Some, highly speculative or merely ingenious, tend to dilute the impact of those formulations that are more firmly grounded. A more important fault is that Zeligs too quickly, perhaps unwittingly, abandons the neutral stance he sets for himself at the beginning of his inquiry. It is as if the weight of the evidence became too compelling for him to deny. He becomes a persuasive advocate and the required analytic distance is lost. Not all readers, perhaps few, will be persuaded that the author has proven his case with respect to the key question in the mystery—was Hiss innocent of Chambers' charges?

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“the work has raised enough provocative hypotheses to keep developmental researchers busy for many decades to come.”

— EMMA M. LAYMAN, Iowa Wesleyan College

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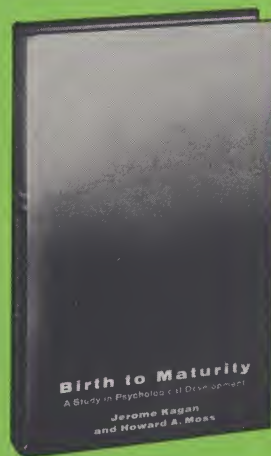
Birth to Maturity A Study in Psychological Development

by Jerome Kagan
and Howard A. Moss

Publisher's Price \$8.50

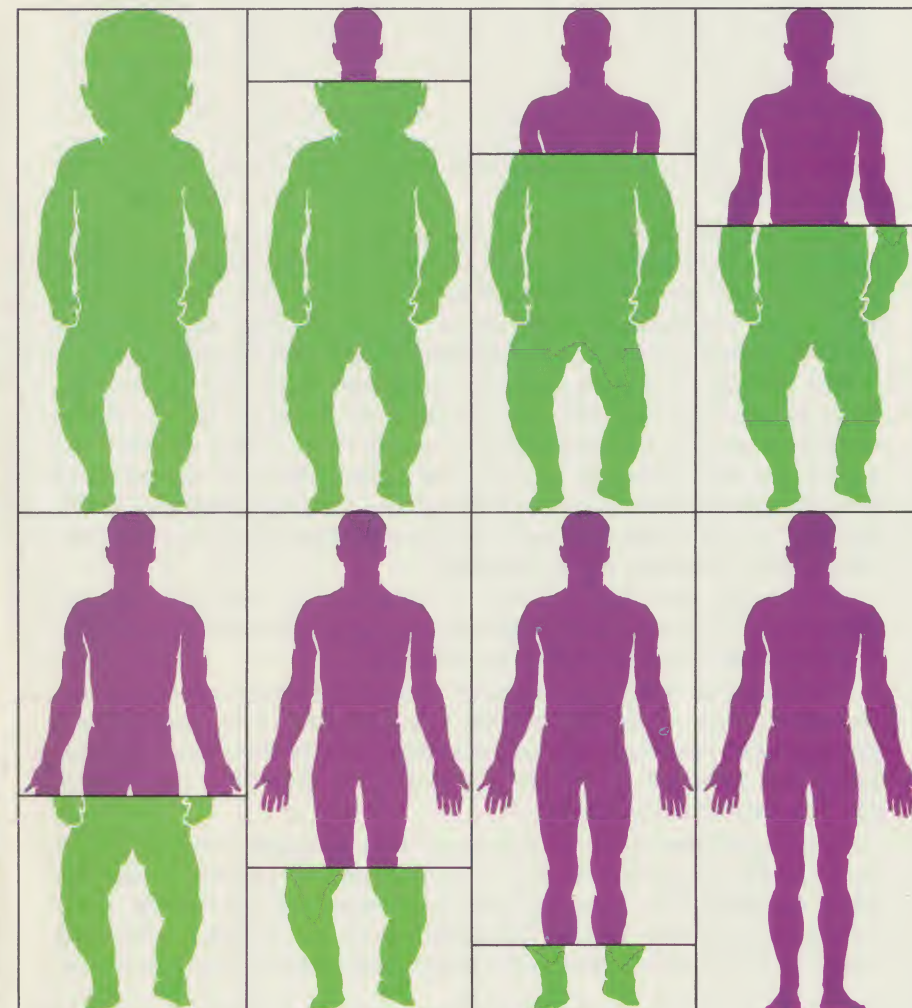
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Birth to Maturity



**"a valuable and unique contribution to our knowledge
of psychological growth during the formative years."**

— ALBERTA ENGVALL SIEGAL in *Science*

a review by NANCY BAYLEY
Research Psychologist
Institute of Human Development
University of California, Berkeley

BIRTH TO MATURITY: A STUDY IN PSYCHOLOGICAL DEVELOPMENT is a good example of what can be done with a well collected set of longitudinal records on growing children. The adequacy of the records gives testimony to the excellence of Lester W. Sontag's directorship of the Fels Research Institute. The way in which these records have been utilized for the long-term comparison of personality behavior variables may be attributed to the insight and creativity of Kagan and Moss. They both organized and analyzed the childhood records and interviewed and tested the subjects as adults. The adult program was planned so as to utilize to the best advantage the kinds of information available from the early records.

The study is based on 89 subjects on whom there were Fels longitudinal records. Of these, 71 were seen in the adult assessment program. The work was divided in such a way that the childhood and adult evaluations were made independently, each without knowledge of the individual subjects' behaviors in the other period.

The childhood records included standard mental and personality tests, interviews, and observations both in the home and in social settings such as a nursery school and day camp. They covered the ages from birth through adolescence. The children's parents had also been interviewed and tested and the mothers observed in the home. The adult sessions on the study subjects included both interviews and a formal testing schedule.

In working with the records, in addition to available ratings, notes from interviews and observations were converted into ratings or scores that could be treated statistically.

The subjects' behavior variables chosen for study are characterized as: *motive-related behaviors, sources of anxiety, anxiety as a motive for defensive behavior, and social interaction*. The maternal behaviors selected for study are *degree of hostility, restriction, protection, and acceleration*.

Stability of the subjects' behaviors was compared for ratings at four childhood age levels (0-3, 3-6, 6-10 and 10-14 years) and the adult assessments. Maternal behaviors were scored for the same four children's age levels. The stability of the various behaviors was studied by correlations of scores or ratings between age levels,

and between maternal and child behaviors for the different age levels. The correlational findings are illustrated with case descriptions taken from the original protocols.

This careful and detailed analysis of the long-term behavior trends and their intercorrelations has resulted in a number of very interesting and theoretically provocative findings. For example, there is considerable stability in achievement motivation, sex-typed activity, heterosexuality and passivity. There are clear sex differences in the kinds of behaviors which are stable; with girls more stable in passivity and dependence; boys more stable in heterosexuality, behavior disorganization (anger arousal), achievement and sex-typed activity.

An important aspect of the correlational trends over the various time intervals is what the authors call the "sleeping effect." Early childhood experiences often do not appear to have an immediate effect on behavior but then are correlated with later behaviors. Also, early behaviors may be correlated with different but relevant later behaviors.

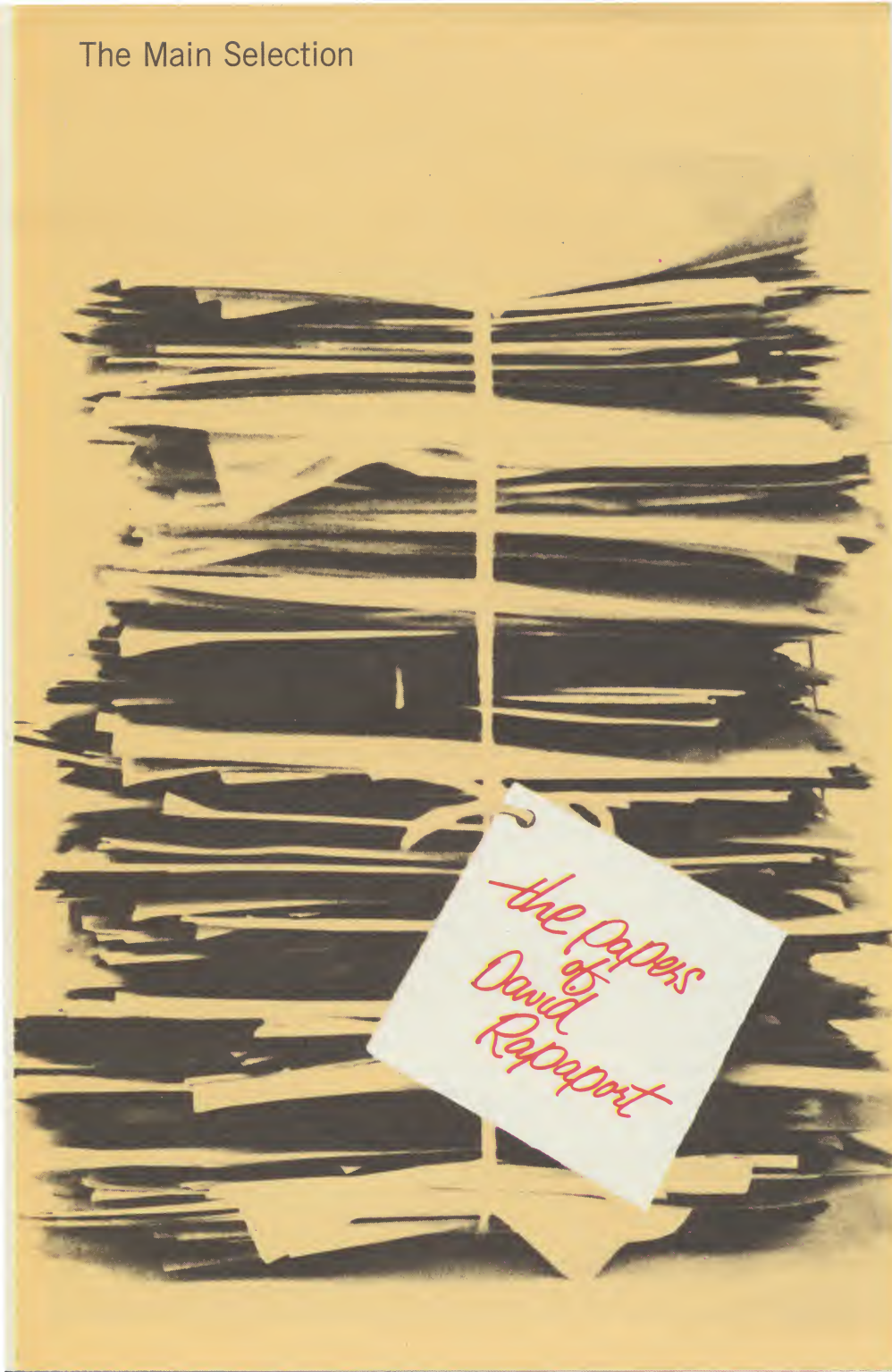
Of course correlation coefficients describe the relation between two variables, but do not, by themselves, indicate whether the relation is one of cause and effect. The researcher's bias in regard to the relative importance of constitutional and environmental factors in shaping a child's behavior may at times cause him to overlook equally plausible alternative explanations. In *BIRTH TO MATURITY* the authors are clearly "set" to find environmental explanations, and they explain the greater consistency for girls in the dimension of passivity by saying that the culture approves passivity in girls, but not in boys.

However, the term "passivity" is evidently a name they have applied to a continuum of varying degrees of passive-active behaviors. To this reviewer, the patterns of correlation indicate the strongly probable relevance of sex differences in both constitutional factors and environmental pressures for satisfactory explanations of the findings.

We have in *BIRTH TO MATURITY* a skillful organization and presentation of the interrelations of a complex array of behaviors covering the life histories of 89 people for approximately their first 25 years. Those who are concerned with the theory of the dynamics of behavior development will profit from a careful study of the implications of its findings. They open up many new areas for future research and for theoretical re-evaluations.

—excerpted from the *Journal of Nervous and Mental Disease*

The Main Selection



a review by Robert R. Holt
Co-Director, Research Center for Mental Health
New York University

The publication of **THE COLLECTED PAPERS OF DAVID RAPAPORT** is a long-awaited event which should be of the greatest interest not only to psychoanalysts but to behavioral scientists generally.

When David Rapaport died late in 1960, it was already clear that his intellectual legacy was an unusually large one, including (besides his translations) five substantial books and 78 papers. The latter were so scattered, however, as to be quite difficult to assess: he had published in Hungarian as well as in English, and his contributions were distributed over so broad a range of books and journals that it is doubtful that any one library anywhere contained them all. (The items collected here come from over a score of journals, several of them obscure, and from half a dozen books.)

Moreover, he was known to have left in his files a considerable number of unpublished papers which he was still letting ripen or polishing, not to mention transcriptions of talks and seminars, many of which were circulating in mimeographed form. Of the 65 items Dr. Gill has included, 14—amounting to almost 30 percent of the pages—are published here for the first time (or, in one instance, the first time in English).

With the publication of this massive volume, we can begin to survey the wealth of accomplishment in its author's short but crowded life, so well epitomized by the editor in the moving pages that begin the book. The thoughtful paper by Gill and Klein, which comes next, gives a useful overview and touches on most of the principal themes, but hardly more than hints at the riches that follow. They are arranged in chronological order, which helps one see the continuous growth of the man's thought; yet the earliest papers contain much that was worth preserving.

The first of **THE COLLECTED PAPERS**, published in Hungarian in 1938 and only now available in English, contains an epitome of Rapaport's doctoral dissertation and is a highly condensed and enlightening summary of some little-known aspects of the history of association from a point of view that immediately impresses one as individual and insightful.

The editor is tactfully unobtrusive but frequently helpful. Brief introductions to individual papers are supplied occasionally—only when they are needed, and particularly for the unpublished items. On some of these, Gill has clearly done a prodigious amount of work, integrating two or more unpublished treatments of the same topic, minimizing redundancy while preserving some of the insights that were lavishly scattered throughout Rapaport's many lectures and seminars. Not everything is here, even of the published papers; this is a selection as well as a collection, the guiding principle being to omit what contained only ideas available elsewhere in this or one of Rapaport's other books (*Emotions and Memory*, *Organization and Pathology of Thought*,

The Structure of Psychoanalytic Theory, and *Diagnostic Psychological Testing*).

Because he knew that the last of these, long unavailable, was about to be reissued in an abridged edition, Gill omitted all but 10 of the papers on psychodiagnosis and the role of the psychologist as tester. The ones included appeared later than the book or discuss issues not covered in it. Though I would dispute a few of Dr. Gill's decisions and interpretations, on the whole he and Suzette Annin have done a splendid job. Indeed, only two people who had worked with the man as closely as they did could have performed such a creative editorial task.

The great bulk of Rapaport's contribution, as represented by the harvest in **THE COLLECTED PAPERS**, was critical and theoretical. It was consequently fitting that his book reviews should have been included, for they show Rapaport the critic at his best, and almost always addressing himself to books of major and lasting merit. Mostly, of course, the theoretical papers deal with psychoanalysis, and though there are several that consider more general psychological problems, there is never any doubt that the extraordinary critical intelligence at work here had been decisively formed by early contact with the Freudian literature and by its lifelong study. Yet the outlook is consistently that of a working clinician, too, who had a great deal to teach about psychopathology no less than philosophy or learning theory.

Rapaport was in many ways a unique figure in the field of psychoanalysis. His mastery of its literature was unmatched, and though he never practiced the classical technique he had an enormous wealth of clinical experience: in diagnostic appraisal, in functioning as an active member of clinical teams, in active participation in the running of a therapeutic community, and in psychotherapy. To all of this work he brought an enormous erudition in academic psychology and an astonishing diversity of other disciplines.

He had at his fingertips extensive knowledge in philosophy, mathematics, the physical and behavioral sciences, and the humanistic classics. In these papers one can see him constantly drawing on this source of fresh perspectives from which to view human problems. Thus, though many of them are dated in some respects, all contain ideas with which the rest of the field has not yet caught up.

Rapaport's classical summaries of the psychoanalytic theories of thinking, affects, memory, development, and ego autonomy are of course here. *But of greatest interest will be the hitherto unpublished papers, which deal in equally masterly fashion with insight, the methodology of psychoanalysis, interpersonal communication, the structure and dynamics of groups, several aspects of ego psychology, depression, attention cathexis, the superego, and activity and passivity.*

Some of these—especially the last two, in my judgment—are despite their flaws original contributions to psychoanalytic theory of the very first magnitude. Others are broad, synthetic surveys, which preserve much of the

pungent and highly individual flavor of Rapaport's lecturing style: colloquial, humorous, and earthy as well as learned, and though often complex never muddy, imprecise, or vague.

Fortunately, the editor included a few miscellaneous items which will contain surprises for some readers. For example, the brief paper on poetry gives a very personal glimpse of the man's inner feelings; a letter to the editor of *Contemporary Psychology* recalls a familiar public face of Rapaport as the slashing, uncompromising controversialist; while the three obituaries show a side of Rapaport that few besides his close friends knew: his humanity, warmth, and capacity to appreciate, support, and comfort others. They also reveal the depth of his feeling of Jewish identity.

In his valuable paper on E. Bibring's theory of depression (one of those here published for the first time), Rapaport wrote:

"The measure of a theoretician's stature are the range of his interests; his simultaneous responsiveness to empirical evidence, to theoretical consistency, and to existing alternative theories; his courage to follow his constructions even if they cannot entirely bridge the chasm over which he extends them; and the originality and stimulating power of his thought."

This wise set of criteria, if applied to this collection, can do much to dispel the myth that Rapaport was "merely a scholar," a collator of other men's ideas. We see in **THE COLLECTED PAPERS OF DAVID RAPAPORT** his extraordinary range, his steady responsibility to this triple prescription for responsiveness, his unflinching courage, and the excitingly seminal nature of his work—which has already inspired a generation or so of clinicians and psychoanalytic theorists, and now may instruct and fire many more.

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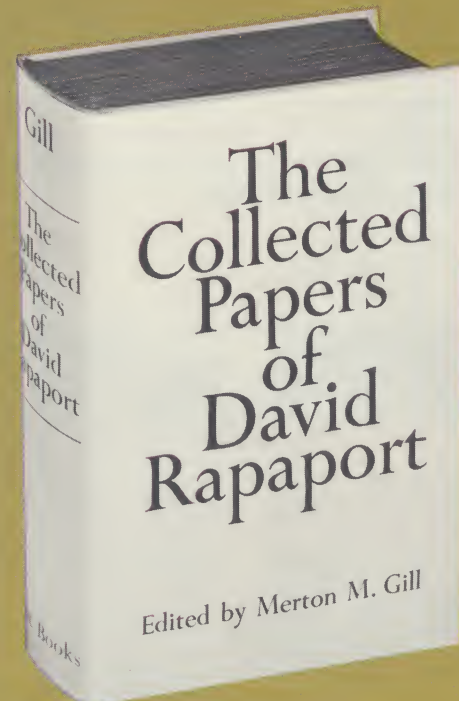
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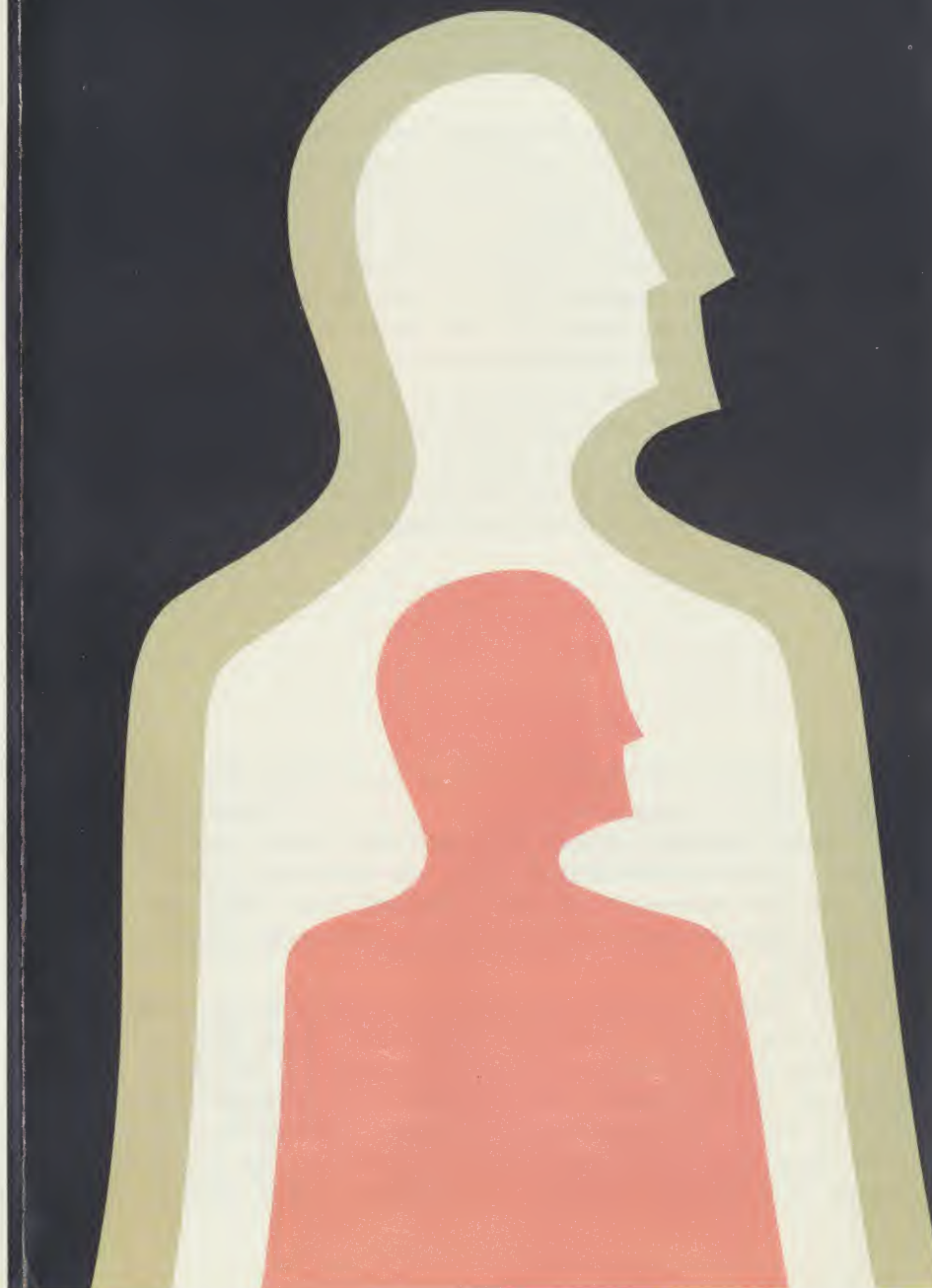
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HANDBOOK OF MARRIAGE AND THE FAMILY represents the first team approach to systematic, empirically based theory building for the overall marriage and family field. Edited by Harold T. Christensen, Professor of Sociology at Purdue University, the HANDBOOK reviews and collates all pertinent major research and scholarly writing. Twenty-four leading authorities have contributed chapters to the HANDBOOK, making this a definitive reference work that is serious, systematic, and scientific.

The HANDBOOK reports on the present state of knowledge, evaluates methods used in obtaining this knowledge, spotlights significant gaps, and synthesizes the material in terms of family theory. It goes beyond perceptive analysis of current thinking to suggest the most promising next steps for professional workers in the field. Making no attempt to be encyclopedic, the book is organized with the family as the focal point and considers peripheral specialties and other tangential studies only when their data are specifically applicable to the family.

Commenting on the book in *Social Forces*, Professor Robert O. Blood, Jr., of the University of Michigan, observed: "*the total product [is] remarkably valuable . . . Prodigious effort by most of the authors has produced a one-stop bibliography and summary of the existing research so detailed as to be the equivalent of a set of abstracts of the original articles and monographs.*"

a review by MIRRA KOMAROVSKY
Professor of Sociology
Barnard College, Columbia University

Books seldom realize fully the promise contained on their jackets, but this HANDBOOK OF MARRIAGE AND THE FAMILY is sure to realize it in at least one respect. It will undoubtedly become, as its jacket predicts, "*a well-thumbed reference source*" for professors, graduate students and other professional workers in the field of the family, for it is an exceptionally comprehensive and excellent guide to the existing body of knowledge.

The 24 chapters, all written expressly for this HANDBOOK, are grouped into five parts. The first, "Theoretical Orientations," begins with the editor's history of family studies, followed by chapters on four theoretical approaches: the institutional (John Sirjamaki), the structural-functional (Jesse R. Pitts), the interactional and situational (Sheldon Stryker) and the developmental (Reuben Hill and Roy H. Rodgers). The second part contains methodological articles: on prediction studies (Charles E.

Bowerman), field surveys (F. Ivan Nye), experimental research (Marvin B. Sussman), demographic analysis (Paul C. Glick) and measuring families (Murray A. Straus).

Part III, "The Family in its Societal Setting," and Part IV, "Member Roles and Internal Processes," deal with substantive findings on such topics as subcultural variations, sexual behavior, the pre-marital dyad, adjustment of married mates and others. Finally, Part V, "Applied and Normative Interests," includes chapters on family life education, marriage counseling, divorce, and the concluding article by the editor on "The Intrusion of Values."

The chapters in Parts III and IV, intended to report substantive findings, vary considerably, reflecting, no doubt, both the development of the particular area and the choices made by individual writers. The narrative descriptions of Hebraic, Greek, Roman, and Christian families in Chapter 11 contrast with the higher level of theoretical analysis in the chapter on "Cross-Cultural Analysis of Family Structure," or on "Family and Community in Urban-Industrial Societies." Again, some chapters (as, for example, the one on the pre-marital dyad) provide excellent summaries without departing from the conceptualization of the existing studies. Others attempt novel formulations, sometimes at the expense of adequate coverage. The five articles on methodology represent an exceptionally informative discussion of technical developments and their use in family research.

What does this vast cooperative venture in HANDBOOK OF MARRIAGE AND THE FAMILY reveal about the state of family sociology? "The attempt has been," writes the editor on the final page, "to pull together and integrate into meaningful theory the great mass of empirical materials presently existing." The very organization of the volume discloses how distant such a goal of integration still is. The separation of the theoretical approaches in Part I from the substantive findings in Parts III and IV make sense precisely because the great mass of empirical findings is not yet incorporated in a body of substantive theory.

Studies of the family have brought to the forefront the need to weld together the institutional, interactional and personality theory. If some branches of sociology, such as demography and large-scale organizations, appear tidier, it may only be because they have not as yet been equally pressed to confront the manifold reality of institution, group and personality.

— excerpted from the *American Sociological Review*

Psychic Trauma

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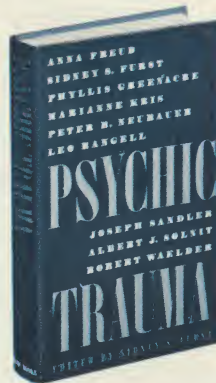
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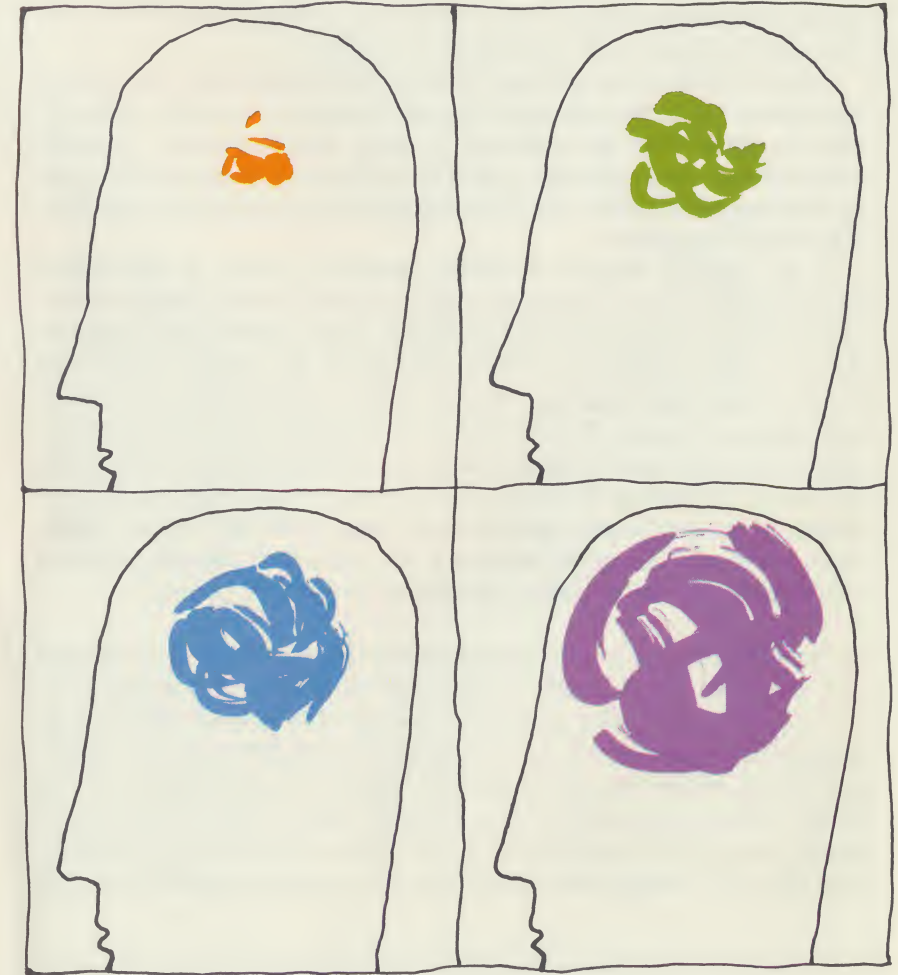
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Although the practicing psychoanalyst or clinical psychiatrist deals essentially with the results of traumas or of traumatic influences, and although virtually every clinical report contains references to "traumatic events," the subject of psychic trauma has never been systematically dealt with in the psychoanalytic literature. Not, that is, until now, with the publication of **PSYCHIC TRAUMA**.

Edited by Sidney S. Furst, Professional Director of the Psychoanalytic Research and Development Fund, **PSYCHIC TRAUMA** is the first comprehensive book-length study of the subject. Dr. Furst has assembled eight eminent clinicians to examine, in a systematic way, *the history of the concept of psychic trauma—from Freud to the present day—and our current understanding of the mechanisms of trauma*.

Using a wealth of data and case histories derived from their own clinical experience, the authors show that psychic trauma is a complex phenomenon resulting from the interplay of many factors—genetic, dynamic, constitutional, developmental—and that its effects are manifested not only in pathological symptoms, but in the individual's development and character formation as well.

In the opening chapter, the editor presents a survey of our current knowledge of trauma, tracing its origins to Freud's early interest in neurosis, both as a clinician and a theoretician. After reviewing the contributions of other analysts, Dr. Furst summarizes the subject of infantile trauma under three headings: *trauma proper*, *preconditions of trauma*, and *effects of trauma*. He finds that it has not been conclusively demonstrated that any known psychic change or condition is unique and specific to trauma (excluding, of course, the traumatic event itself and, to some extent, the ensuing acute traumatic state), and concludes that the significance of trauma "lies in the fact that it is a prime manifestation of man's vulnerability to neurosis, and to psychic disturbance in general."

Examining the various metapsychological points of view, Leo Rangell describes the sequential components of trauma as comprised of: (1) the precipitating stimulus, a *traumatic event*, which elicits (2) an intrapsychic *traumatic process*, consisting of a breakthrough of a significant degree in the "protective stimulus barrier" (accompanied by a loss of ego control), followed by (3) a *traumatic effect*, which is the state of psychic helplessness, resulting in (4) the release of *painful or unpleasurable affect*. Dr. Rangell also stresses that the economic considerations "are

subject to phase-specific genetic development and are different in different age periods of the life cycle," indicating that what changes from one age period to the next is not only the toleration of stimulation but also the need for it.

Peter B. Neubauer next investigates the relationship between trauma and psychopathology, starting from Freud's statement that "the essence of a traumatic situation is an experience of helplessness on the part of the ego in the face of accumulation of excitation, whether of external or internal origin." He explores child-object interaction, and reviews a number of case histories of infantile neurosis, finding that it is extremely difficult to delineate various events in terms of infantile trauma. However, among the factors that may create situations of trauma, he finds that object constancy at an early age is certainly one of the most important. He also observes that common to the cases he presents is the acuteness of a traumatic experience and the immediacy of the reaction to it, with ensuing pathological development.

In still another probing chapter, Phyllis Greenacre focuses on the role of infantile trauma "as it combines variously with concurrent fantasies in contributing to pre-Oedipal disturbances of ego development and orderly libidinal phase progression." Dr. Greenacre argues that extreme damage can be done to the individual by over-excitation in the pregenital period. She states that no truly traumatic event is ever wholly digested, that increased vulnerability inevitably results, and that the individual concerned is prone to "break down" at some later date. In her view, no previous trauma, however well overcome apparently, will remain dormant if touched on by occurrences of the same psychic quality.

Other significant papers in **PSYCHIC TRAUMA** are contributed by Joseph Sandler, on *Trauma, Strain, and Development*, Albert J. Solnit and Marianne Kris, on *Trauma and Infantile Experiences*, and Robert Waelder, on *Trauma and the Variety of Extraordinary Challenges*. And final comments are made by Anna Freud, in a highly perceptive summary paper.

PSYCHIC TRAUMA is essential reading for anyone wishing to better understand the dynamics and ramifications of this most crucial aspect of man's mental life. It is a book of inestimable value to the continuing development of psychoanalytic theory. Perhaps nothing more need be said but to quote the first sentence of Miss Freud's closing remarks: "*Much important ground has been covered by the chapters in this book.*"

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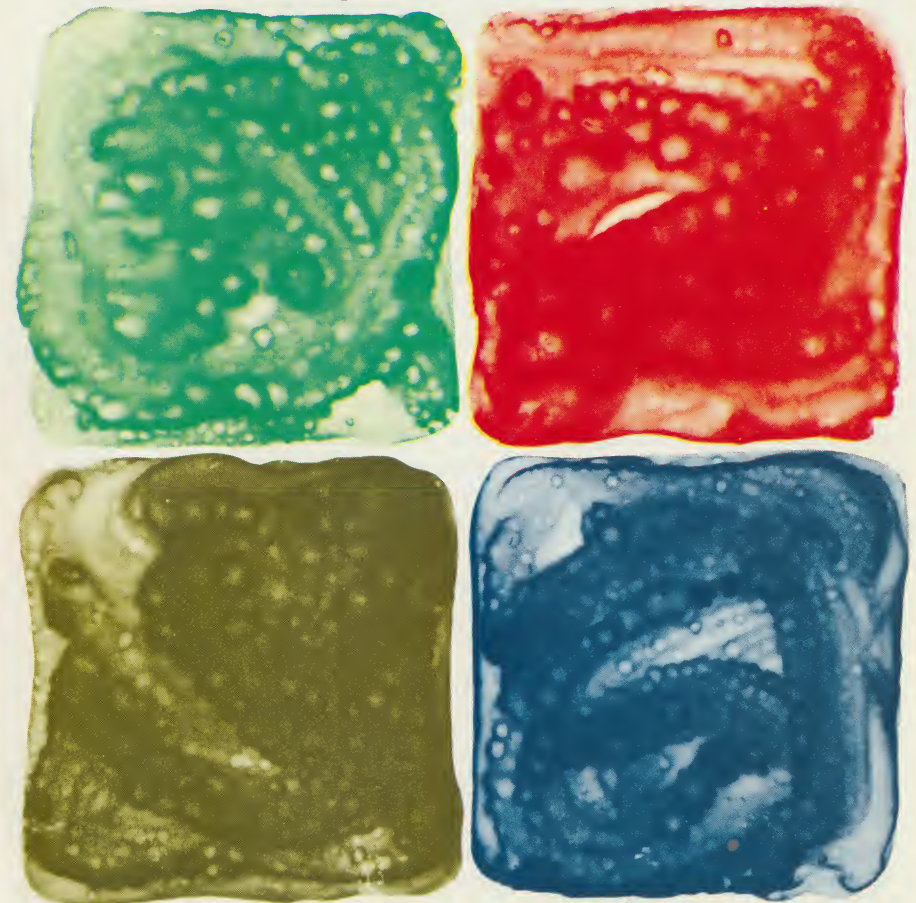
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THE TECHNIQUES



OF PSYCHOANALYSIS

a review by GUSTAV BYCHOWSKI, M.D.
Clinical Professor of Psychiatry
and Training Analyst, Division of Psychoanalytic Education
Down State Medical Center, State University of New York

This impressive volume — **PSYCHOANALYTIC TECHNIQUES** — assembled and edited by the able and competent Dr. Benjamin B. Wolman, is full of promise and by no means short of fulfillment. It represents a new and unique step in collecting under one roof and illuminating all the multiple and variegated aspects and derivatives of Freudian psychoanalysis.

This ambitious project is accomplished in the present collection of twenty papers by twenty-eight authors — some of them pioneers in the development of new ideas, others uniquely fitted for the task by virtue of their scholarship or their close association with the original pioneers or innovators.

The early chapters present a thorough and excellent outline of the historical development of the theory and the technique derived therefrom. Here, in Chapters 2, 3 and 4, a most extensive survey of the development of Freud's thinking on the subject is offered. Joseph T. Coltrera and Nathaniel Ross examine *Freud's Psychoanalytic Technique — From the Beginning to 1923*; *Later Developments in Freud's Technique (1920-1939)* are discussed by Samuel D. Lipton; and *Classical Psychoanalysis Since 1939* receives an able exposition by Mark Kanzer and Harold P. Blum.

These essays comprise Part I of **PSYCHOANALYTIC TECHNIQUES**. Part II deals with Freudians and neo-Freudians.

Here, we have valuable studies by close associates and disciples of the important innovators. Michael Balint writes on *Sandor Ferenczi's Technical Experiments*, Hanna Segal on *Melanie Klein's Technique*, and Sheldon T. Selesnick on *The Techniques of Psychoanalysis Developed by Franz Alexander and Thomas French*. David Rubinstein discusses the *Direct Psychoanalytic Methods of John Rosen*, which he studied in personal observation.

The remaining three chapters in this section are by authors who discuss their own original contributions. Two of those deal

with technical modifications rather than theory. Thus, Hyman Spotnitz presents his *Technique for the Resolution of Narcissistic Defense* and Martin Grotjahn writes on *Responsive Action and Psychoanalysis*. The editor, Benjamin B. Wolman, gives a detailed presentation of his theoretical views on *Interactional Psychoanalysis*, which lead him to a new classification of mental disorders. Dr. Wolman's views are apparent more as theoretical than technical innovations.

Part III of **PSYCHOANALYTIC TECHNIQUES** deals with the neo-Freudian techniques; this, more than any other section, lends itself to critical reservations. These reservations apply particularly to two chapters: one by Kurt A. Adler on *Individual Psychological Technique*, an approach created by his father; the other by Medard Boss and Gion Condrau, prominent exponents of the so-called existential psychoanalysis.

In a famous essay on the history of the psychoanalytic movement, Freud remarked that *he* certainly should be competent to define what is psychoanalysis and what is not. Therefore, it seems obvious and redundant to repeat that theories and techniques which negate such cornerstones of psychoanalysis as the concept of the unconscious, the dynamics of the instincts, or the concept of psychological determinism, may be full of merit but have nothing to do with psychoanalysis and should be once and for all divorced from this specific and well-defined study. This limitation, in the opinion of this reviewer, is particularly appropriate for *A Handbook for the Practicing Psychoanalyst*.

Suffice it to mention that in the chapter on *Existential Psychoanalysis* the authors state unequivocally that "Daseinsanalysis enables the practitioner to dispense with the intellectual acrobatics required by psychoanalytic theory." Furthermore, they declare that their method offers "an advantage in getting rid of the theoretical and speculative ballast of Freudian theory." The

concept of the unconscious is declared superfluous, and acting out is not only permitted but encouraged.

The other chapters of Part III contain noteworthy presentations by co-workers or prominent disciples of some major figures after Freud. A follower of C. G. Jung, Gerhard Adler, discusses *Methods of Treatment in Analytical Psychology*; Harold Kelman and Joseph W. Vollmerhausen give a detailed description of Karen Horney's analytic techniques, enriching it with their own ideas on future developments and perspectives; Sullivanian views and techniques are expounded by Earl G. Witenberg and Leopold Caligor.

Of particular interest should be Part IV — on “Special Techniques and Issues” — in view of the felicitous choice of topics and authors. In these papers there comes into sharp focus the productive wealth of Freud's ideas with their wide scope and potential for future development and application. Hardly anyone could be better qualified to discuss *Psychoanalytic Psychotherapy* than the late Sidney Tarachow and his co-worker Aaron Stein. The lucidity and completeness of their presentation merits high praise. My only criticism would be that they have allowed theory to outweigh the discussion of and recommendations on technique. This is reflected in the insufficient attention paid to special techniques, e.g. the psychotherapy of psychotics. Two important volumes on this topic are not even mentioned in the bibliography.

Other chapters include a lucid presentation of *Psychoanalytically Oriented Group Psychotherapy* by Elvin B. Semrad and Max Day, an excellent and most expert exposition of *Hypnoanalysis* by Lewis B. Wolberg, and a stimulating paper on *Research in Psychoanalytic Technique* by George H. Pollock and John E. Gedo.

Taken as a whole, **PSYCHOANALYTIC TECHNIQUES** bears testimony to the skillful and dedicated labor of the editor and his co-authors.

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IN SEARCH OF THE PRIMITIVE



IN SEARCH OF THE PRIMITIVE recounts the adventures, perils and rewards of a lifetime spent in travel and the exploration of four continents. Nominally a highly successful insurance executive with no scholarly pretensions, Lewis Cotlow has long been fascinated by the primitive peoples of the world. He admits that this interest was first kindled by South Africa's Jan Smuts, who told his listeners at a Foreign Policy Association luncheon in 1936, "Come to Africa! Come to Africa before it is too late!"

Cotlow obliged, beginning the following year with adventuresome trips to Africa during which he visited the Pygmies of the Ituri rain forest, the Mangbetu, Wagenia and Bakuba tribes of Central Africa, and the Watusi, Masai and Turkana tribes farther to the east.

Never a simple traveler or uncommitted observer, in every case Cotlow insisted on living with and sharing the experiences of each primitive tribe he studied and photographed. The result is a vivid, exciting — and warmly human — record of the sights and sounds and even the smells of primitive peoples in their native surroundings. Here is Cotlow on the Ituri Pygmies:

"I could learn more about the Pygmies after living with them for some time than a Martian could learn about me. After all, we are of the same species. We sprang from the same stock. A Pygmy could give me a blood transfusion and I'd get along fine. After a time, the startling differences between us dwindled in importance. They were only patterns of behavior dictated largely by the Pygmy's environment. His inner drives were essentially the same as mine. He was stirred by the same emotions that stirred me, even though the stimuli were sometimes different.

"He was afraid of lightning and the hoot of an owl, which didn't bother me. I was afraid of elephants and of getting lost in the forest, which didn't bother him. But we both felt fear. We both hoped for good hunting, although we hunted different things. He seethed with anger when someone stole a forest antelope from his trap, just as I would boil with anger if someone took a good piece of insurance business away from me by unfair tactics.

"We both loved, bragged about and became annoyed with our women, using only slightly different ways of expressing these feelings. The Pygmy usually was a monogamist but had played around considerably before marriage and maybe even a little bit after — and that sounded familiar. We both liked music and dancing, but he managed to find more time for these pleasures than I did.

"You might say that you could never understand someone who voluntarily smears himself with elephant dung, but 'civilized' people sometimes go to even greater lengths to earn a living.

"Maybe I can't see things through a Pygmy's eyes, as when he looks at a bat and sees food. Certainly I can't smell things through his nose, as

when he sniffs a putrefying elephant dead four days in tropic heat and gleefully hurries to the feast. 'I eat the meat, not the smell, bwana,' he explains."

The next world for Cotlow to conquer was the continent of South America. Here he lived among the feared Jivaro Indians on the border between Ecuador and Peru (who do indeed shrink the heads of captured enemies; Cotlow observed and describes the complicated process in fascinating detail).

The author's picture of Jivaro life is a vivid one, always completely scientific and matter-of-fact. For example, dogs are extremely valuable to the Jivaros, for they warn of the approach of an enemy raiding party. When a nursing mother dog was killed by a jaguar, Cotlow saw the wife of the owner nurse one of the pups (and includes in IN SEARCH OF THE PRIMITIVE the photographs to prove it).

Despite their treacherous intertribal feuds and surprise attacks, the Jivaros, the author discovered, would scrupulously respect the temporary peace signified by "burying the lance" with their neighbors. As with most genuine primitives — his personal belongings left in Jivaro villages, clothes, money, a knife, watch or cigarettes — things a native might find tempting — were never touched.

His South American trips took him also among the dwindling Bororo Indians of the Matto Grosso region of Brazil. This tribe's obsession with death and its rituals has resulted in an astonishing example of race suicide. The Bororo medicine men have the power of life and death. When a Bororo becomes sick, the medicine man predicts whether the person will live or die and names the time of his death. If the patient still lives on that day, the medicine man fulfills his own prophecy by killing him.

A few decades ago the Bororos numbered over five thousand; by the time of Cotlow's 1949 trip they had dwindled to two thousand, and in 1963 there were only 112 left.

As the tides of civilization swept over the primitive areas of the world, the author was forced to go farther and farther afield in his search for the primitive. The last stronghold of the Stone Age lies in New Guinea, and it was to this, the world's second largest island, that Cotlow turned next. Even here, however, hundreds of thousands of natives are already making the leap across ten millenia of social, scientific and moral development, so that soon there may remain only a few tiny pockets of primitive culture.

Cotlow explored the lovely Wahgi Valley, which, with its hundreds of thousands of inhabitants, was only discovered as recently as 1933. Its teeming population seemed peaceful at first, but the explorer's hopes were short-lived. Like so many other primitive cultures the author had found, ancient feuds and intertribal wars were the chief activity of life for the men.

IN SEARCH OF THE PRIMITIVE details the curious New Guinea phenomenon known as the "Cargo Cult" — a Stone Age reaction to the sudden impact of modern civilization. After the initial introduction of the products of the outside world, the natives began to want more and more. Soon the story spread that all these wonderful goods—cargo—really belonged to the ancestors of the natives, but the white men had stolen them while they were being shipped to New Guinea.

The natives believe that their ancestors' spirits are now angry and will put a stop to the white men's diversion of their cargo. Then the natives will have all the things that the white men have and will be like the white men themselves. All work stops. Natives walk around with sticks supposed to resemble the rifles of the white men and their police. Poles are set atop native houses, with vine "wires" extending from them to represent radio antennae. Natives sit at improvised desks and pretend to read and write. And everyone waits for the great day when the cargo will arrive.

The author's last continent of adventure was the High Arctic, with trips to an Eskimo settlement on Ellesmere Island, only five hundred miles from the North Pole. Here Cotlow found 72 persons still living as their ancestors did hundreds, perhaps thousands, of years ago—with no missionary, no Hudson's Bay Company store, and no school. In spite of the harshness of their existence, Cotlow found these primitive Eskimos to be "the happiest people in the world." A polar-bear hunt epitomized for him *"Everything the Eskimos had to struggle against in the open wilderness: hardship and uncertainty, an often pitiless nature that was for each member of the community a personal and implacable threat. It was that threat which made these people the most tightly knit yet most individualized human beings I had ever seen. It made them ready at any moment to give up possession or comfort to a stranger. Not because of some abstract ideal: for them it was the only way of life that made sense. So each man threw into the communal lot his strength, wisdom and skill, as if nature had decreed, 'Cooperate or die.'"*

Lewis Cotlow concludes his account of a lifetime of travel and exploration among the primitive peoples of the world in this way:

"What is the meaning of primitive experience? I have tried many times to sum it up, at least for myself. It means, I think, man confronted by raw nature and answering the challenge with all the incalculable resources of his physical skill, wits and imagination. The result is anything you want to call it — good or bad — but it surely amounts to the widest range of behavior that any living thing on this planet is capable of. There is no single primitive way."

IN SEARCH OF THE PRIMITIVE is one man's sensitive and closely observed testament to a rapidly vanishing way of life, a picture of the disappearing primitive living in balance with nature. Would that modern man could learn to do the same before it is too late.

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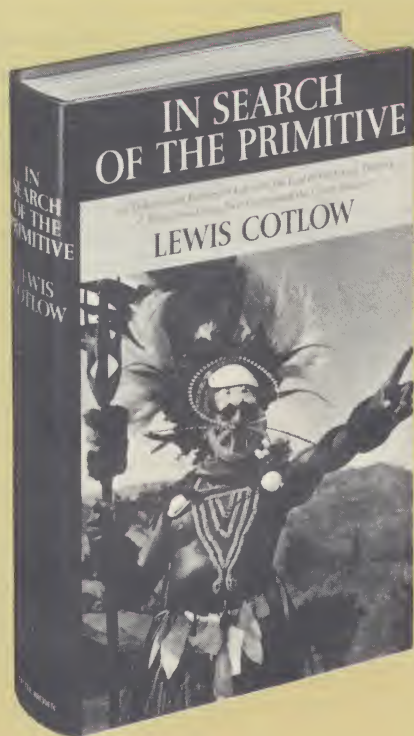
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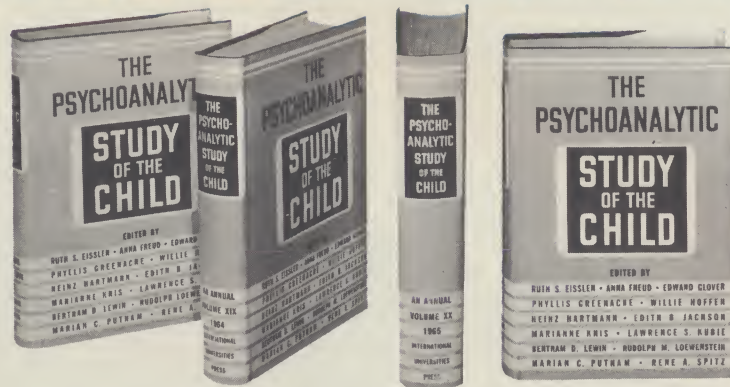
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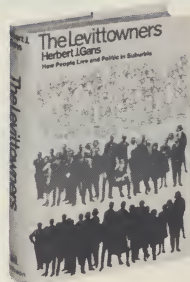
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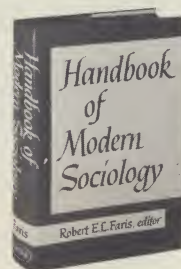
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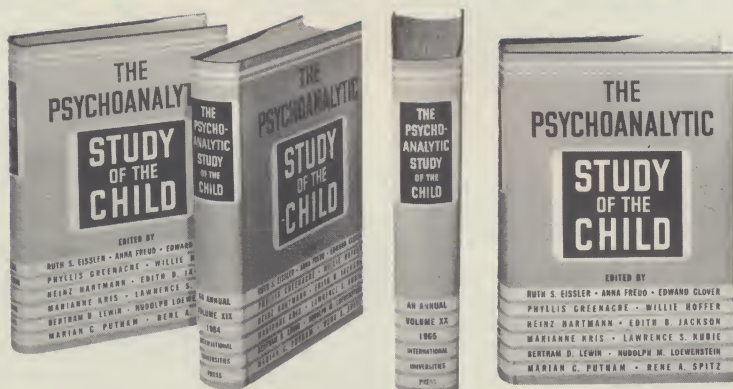
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